

**DIRECTIONS – South Seattle**

1300 SW 7<sup>th</sup> Street, Suite 105  
Renton, WA 98057  
425-687-7700

Our Renton center is located on SW 7<sup>th</sup> Street, approximately one mile Northeast of Southcenter Mall and five miles North of SeaTac Airport.



**From I-5 North and Southbound**

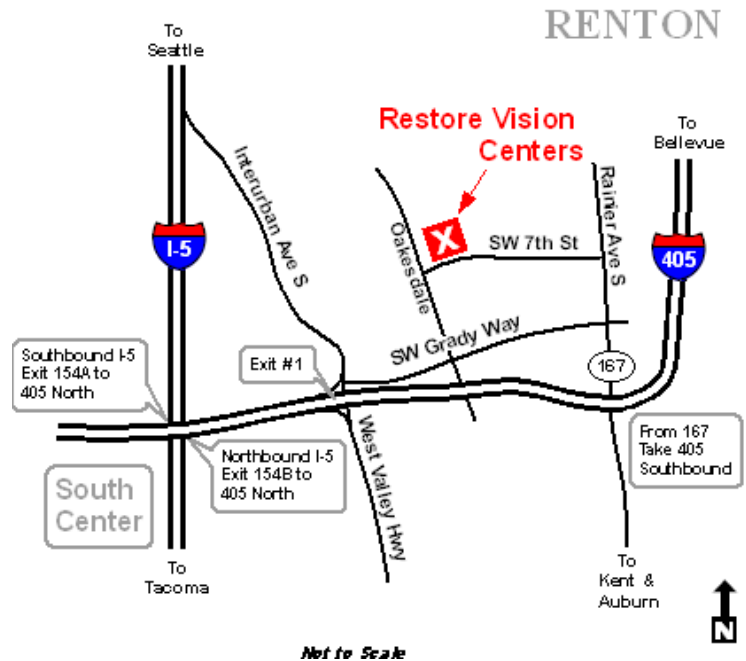
1. From north: take Exit 154A  
From south: take Exit 154B
2. Take Exit #1 (Tukwila/West Valley Hwy 181) off I-405
3. Turn left onto Interurban Ave. S./West Valley Hwy
4. Turn Right on SW Grady Way
5. Turn left on Oakesdale Ave. SW
6. Turn right on SW 7<sup>th</sup> St.
7. Enter the first driveway on the left

**From I-405 Southbound**

1. Take Exit #2B – Hwy 167 North/Rainier Ave. S. (Note: 2B comes before 2A)
2. Merge with Rainier Ave. S.
3. Turn left onto S. 7<sup>th</sup> St. (2<sup>nd</sup> light)
4. Drive approx. 0.8 miles (S. 7<sup>th</sup> St. turns into SW 7<sup>th</sup> St.)
5. Turn into last driveway on the right (before Oakesdale Ave. SW)

**From Hwy 167 Northbound**

1. Hwy 167 becomes Rainier Ave. S.
2. Turn left onto S. 7<sup>th</sup> St. (2<sup>nd</sup> light)
3. Drive approx. 0.8 miles (S. 7<sup>th</sup> St. turns into SW 7<sup>th</sup> St.)
4. Turn into last driveway on the right (before Oakesdale Ave. SW)



**DIRECTIONS – Spokane**

2204 E 29<sup>th</sup> Avenue, #110  
Spokane, WA 99203  
509-464-2020

Our Spokane center is located on the South Hill on East 29<sup>th</sup> Avenue, across from Applebee’s restaurant, 2 miles South of downtown Spokane.



**Westbound I-90**

Take exit 283B to Thor/Freya.  
Go straight at the stop sign, then left at the first stoplight onto Thor.

**OR**

**Eastbound I-90**

Take Exit 283B to Thor/Freya.  
Take a right at the first light onto Thor.

**THEN**

Thor turns into Ray Street. Follow Ray Street up the hill to E. 29<sup>th</sup> and take a right.  
After passing the light at S. Southeast Blvd, look for the Numerica Credit Union on the left.  
Our office is behind Numerica in the Quail Run Office Building, Suites 108 and 110.

**DIRECTIONS – Boise**

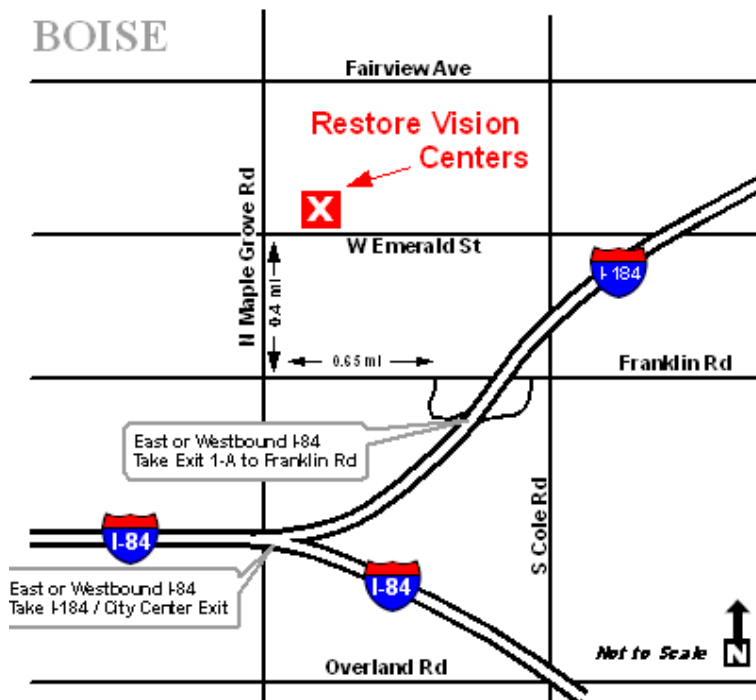
8756 W. Emerald St, Suite 196  
Boise, ID 83704  
208-375-6700

Our Boise center is located on West Emerald Street, near the Boise Towne Square Mall.



**From the East- or Westbound I-84**

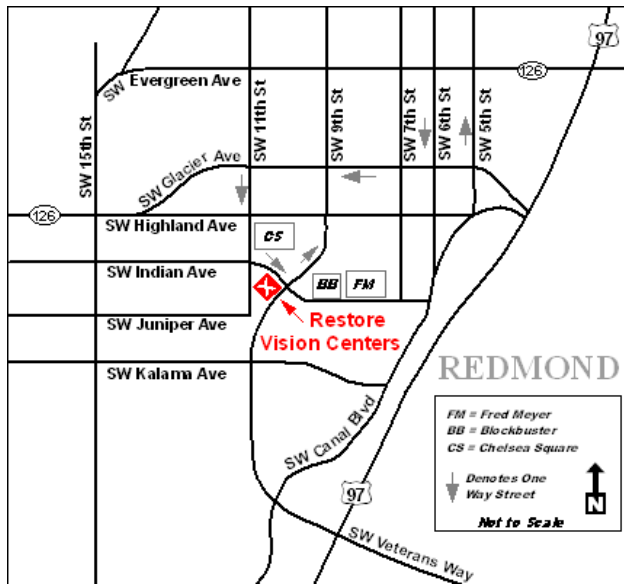
Take the City Center/I-184 exit.  
Take exit 1-A off of I-184 and take a left at the bottom of the ramp onto Franklin.  
Go 0.8 miles to N. Maple Grove and turn right.  
After traveling 0.4 miles, turn right onto West Emerald Street.  
We are on the left in the West Boise Professional Center.



**DIRECTIONS – Central Oregon**

1000 SW Indian Avenue  
Redmond, OR 97756  
541-923-0707

Our Redmond center is located in the Sheldon Center, near Fred Meyer. You will see a sign for Central Oregon Eyecare; RVC is in the same building.



**From the South:**

- Head North on Hwy 97 to Redmond.
- Take the Hwy 126 Exit (Sisters/Eugene/City Center), which becomes SW Glacier Ave.
- Turn left on SW 11<sup>th</sup> Ave. Get in the left lane and proceed south for about 2 blocks. As the road splits, stay to the left (this is Indian Ave) and turn right into the first driveway.

**From the East:**

- Head West on US-26 Ochoco Hwy. Ochoco Hwy becomes OR-126. Stay on OR-126 to Redmond.
- Turn left onto Hwy 97 and get in the right lane.
- Turn right at the Hwy 126 Exit (Sisters/Salem), which is Glacier Ave.
- Turn left onto SW 11<sup>th</sup> Ave. Get in the left lane and proceed South for approximately 2 blocks. As the road splits, stay to the left (this is SW Indian Ave.) and turn right into the first driveway.

**From the North:**

- Head South on Hwy 97 to Redmond.
- Take the Hwy 126 Exit (Sisters/Salem), which becomes SW Glacier Ave.
- Turn left on SW 11<sup>th</sup> Ave. Get in the left lane and proceed south for about 2 blocks. As the road splits, stay to the left (this is Indian Ave) and turn right into the first driveway.

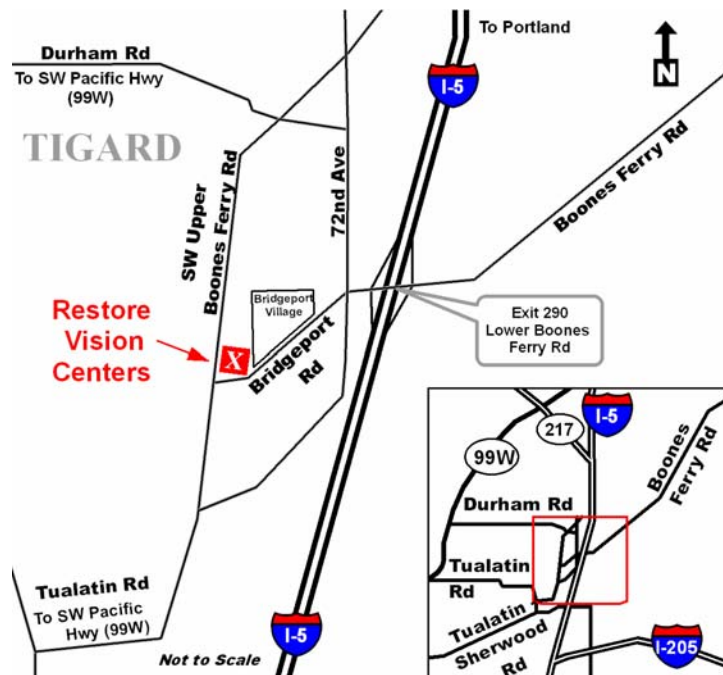
**From the West:**

- Head East on Hwy 126 to Redmond. Hwy 126 becomes SW Highland Ave.
- Follow SW Highland Ave to SW 11<sup>th</sup> St.
- Turn right on SW 11<sup>th</sup> St. Proceed south for about 2 blocks. As the road splits, stay to the left (this is SW Indian Ave) and turn right into the first driveway.

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**DIRECTIONS – South Portland**

17400 SW Upper Boones Ferry Road, Suite 280  
Tigard, OR 97224  
503-858-1308

Our Tigard center is located near the Bridgeport Village Mall, at the corner of Bridgeport Road and Upper Boones Ferry Road, one block from REI.



**Southbound I-5**

Take Exit 290 (Lower Boones Ferry Road/Durham).  
Off of the exit ramp, turn right onto Lower Boones Ferry Road.

**OR**

**Northbound I-5**

Take Exit 290 (Lake Oswego/Durham).  
Off of the exit ramp, turn left onto Lower Boones Ferry Road.

**THEN**

Lower Boones Ferry Road becomes Bridgeport Road. At the stop light, turn right onto SW Upper Boones Ferry Road, and then turn right into the first driveway. Take a right upon entering the parking lot, and we are the corner office. Our front entrance faces Bridgeport Road.